

# Free Respiratory Workshops

## Take Control of your Asthma or COPD

Family members, caregivers and walk-ins are welcome.  
No registration required.

### Montefiore Medical Group – Bronx East

2300 Westchester Avenue, Bronx, New York 10462

Lower Level Conference Room

Thursday, September 20, 2018, 2:00 pm – 3:00 pm

Wednesday, October 24, 2018, 10:00 am – 11:00 am

### Montefiore Medical Group – Grand Concourse

2532 Grand Concourse, Bronx, New York 10458

Basement Conference Room

Wednesday, September 26, 2018 1:30 pm – 2:30 pm

Tuesday, November 13, 2018, 11:00 am – 12:00 pm

### Co-op City Community Center

177 Dreiser Loop, Bronx, New York 10475

2nd Floor, Room 8

Tuesday, October 16, 2018, 10:00 am – 11:00 am

Wednesday, November 28, 2018, 2:00 pm – 3:00 pm

Questions? Call 1-800-MD-MONTE (1-800-636-6683)