# Food Resources: Williamsbridge Area



# **Grocery Stores**

## **Super Stop & Shop**

691 Co-Op City Boulevard 718-862-2809

#### **Fine Fare Supermarket**

2556 Boston Road 718-515-9149

3475 Boston Road 718-652-9470

Shop Healthy store—This store has been designated as a healthy food retail location by the New York City Department of Health & Mental Hygiene

#### **Fairway**

847 Pelham Parkway 914-633-6550

#### **Pathmark Supermarket**

2136 Bartow Avenue 718-320-2902

#### **Palm Tree Marketplace**

3717 Boston Road 718-231-6323

#### **BJ's Wholesale Club**

825 Pelham Parkway 914-632-1547

# Weight Watchers Meetings

There are local meetings for members on different days and at different times. For more information, call 1-800-651-6000.

# **Internet Resources**

# **Free Weight Loss Plans**

www.sparkpeople.com

## Heart Healthy Home Cooking African American Style

www.nhlbi.nih.gov/health/public/heart/other/chdblack/cooking.htm

## **Heart Healthy Latino Recipes**

www.nhlbi.nih.gov/health/public/heart/other/ sp\_recip.htm

# Better U: A Free Makeover That Could Change Your Life

www.goredforwomen.org/BetterU

# **Food Pantries**

Days and times may change each season; please contact the food pantries before visits.

## **Pentecost Care Community Outreach**

621 East 216th Street 718-515-5366

Contact: Emma Mensah

Pantry Bag Distribution: Thursdays 1:00 – 2:00 pm

#### **RAIN Eastchester Senior Center**

1246 Burke Avenue 718-882-8513

Contact: Daniel Simmons

Breakfast and lunch served for seniors from 10:00 am to noon. Must register at the site location. Meals available for homebound seniors upon request. Must be age 60 and older and have proof of address.

## **Saint Luke's Senior Community Program**

661 East 219th Street 718-882-3131

Open once per month. Contact the pantry for information on monthly dates.

## Victory Seventh Day Adventist Church

1271 Burke Avenue 718-405-0632 Contact: Evadne Taylor www.victory22adventistchurchconnect.org Contact the pantry for information on monthly dates.

## City of Faith Church of God

3445 White Plains Road 718-798-3052 www.cityoffaithchurchofgod.net Tuesdays 1:00 – 2:30 pm

### **Astor Family Service**

750 Tilden Street
718-655-3503
Contact: Barbara Evans
Pantry Bag Distribution: Thursdays 2:00 – 4:00 pm
To attend, you must call the day before to speak
with a representative.

## **Faith Apostolic Gospel Temple**

3956 Bronxwood Avenue 718-882-6717 www.faithagt.org Saturdays 10:00 – 11:30 am

# **Family Worship Center Church**

of God of Prophecy 701 East 212th Street, 2nd Floor 914-633-2603 Contact: Imelda Reece Pantry Bag Distribution: Wednesdays 11:30 am – 4:00 pm

## **Momentum Project**

at Trinity Baptist Church 808 East 224th Street 212-691-8100 Contact the pantry for information on monthly dates.

## **Immaculate Conception Church**

754 East Gun Hill Road 718-653-2200 Lunch served Monday — Friday 1:00 — 2:00 pm

# **Farmers Markets**

Seasonal: open from July to November only

## **Bissel Gardens Farmers Market**

Baychester Avenue and East 241st Street Wednesdays 10:00 am—3:00 pm Saturdays 9:00 am—1:00 pm Accepts EBT

# **Northeast Bronx Farmers Market**

Hammersley and Wickman Avenues Saturdays 9:00 am – 6:00 pm

