

Food Resources: West Farms Area



Grocery Stores

Associated

148 East Burnside Avenue
718-294-2059

C-Town

2276 Creston Avenue
718-307-7971

Key Food

1791 Walton Avenue
718-299-2755

Bravo Supermarket

248 East 174th Street
718-731-6280

Associated

40 West Burnside Avenue
718-294-6174

Pioneer

1526 Grand Concourse
646-393-5945

1481 Beach Avenue
718-378-5007

2044 Boston Road
718-378-5007

Bravo Supermarket

127 West Burnside Avenue
718-294-1821

Fine Fare

1472 Boston Road
718-328-8327

Farmers Markets

West Farmers Market

Boston Road and East Tremont Avenue in
Drew Gardens
Wednesdays 10:00 am–3:00 pm

La Familia Verde Farmers Market

East Tremont and La Fontaine Avenue
Tuesdays 8:00 am–2:00 pm
Accepts EBT

Food Pantries

Days and times may change each season; please
contact the food pantries before visits.

Gethsemane Baptist Church

771 Fairmount Place
718-294-7129
Contact the pantry for information on monthly dates.

Saint Anthony of Padua

1496 Commonwealth Avenue
718-409-4590
Soup kitchen open Saturdays 11:00 am–2:00 pm

New Tabernacle Baptist Church

990 East 181st Street
718-367-9882
Contact the pantry for information on monthly dates.

Abrigo Del Altisimo

2009 Monterey Avenue
718-669-4826
Contact the pantry for information on monthly dates.

Abundant Life Tabernacle, Inc.

2692 Third Avenue
718-292-8734
Contact: Barbara Rolle
Pantry Bag Distribution: Tuesdays and Thursdays
1:00–2:00 pm
First come, first serve

Gospel Hill Baptist Church

3265 Third Avenue
718-325-5624
Contact: Rev. Henry Mack Junior
Pantry Bag Distribution: Tuesdays 10:00 am
First come, first serve

Word of Life Christian Fellowship International FP

914 Prospect Avenue
718-861-5678
Contact: Felicia Udo-Onon
Pantry Bag Distribution: Thursdays 10:00 am
Saturdays 10:00 am–2:00 pm
First come, first serve

United Bronx Parents, Inc.

966 Prospect Avenue
718-991-7100
Contact: Christian Estrada
Pantry Bag Distribution: Saturdays 8:00 am
First come, first serve

Transfiguration Lutheran Church

763 Prospect Avenue
718-378-3588
<http://tlcbronx.com>
Contact: Charles Simmons
Pantry Bag Distribution: Mondays 3:30–5:30 pm

Weight Watchers Meetings

There are local meetings for members on different
days and at different times. For more information,
call 1-800-651-6000.

Internet Resources

Free Weight Loss Plans

www.sparkpeople.com

Heart Healthy Home Cooking African American Style

[www.nhlbi.nih.gov/health/public/heart/other/
chdblack/cooking.htm](http://www.nhlbi.nih.gov/health/public/heart/other/chdblack/cooking.htm)

Heart Healthy Latino Recipes

[www.nhlbi.nih.gov/health/public/heart/other/
sp_recip.htm](http://www.nhlbi.nih.gov/health/public/heart/other/sp_recip.htm)

Better U: A Free Makeover That Could Change Your Life

www.goredforwomen.org/BetterU