

Food Resources: South Bronx Area



Grocery Stores

Associated

206 East 167th Street
718-681-9672

Met Foods

760 Melrose Avenue
718-292-5549

Fine Fare

763 Concourse Village West

Bravo

210 East 170th Street
718-273-9288

C-Town

630 East 169th Street
718-861-4750

Food Bazaar

238 East 161st Street
718-538-3720

Food Town

885 Gerard Avenue and 3100 Third Avenue
718-293-3032
718-585-4004

Katelyn's Food Center & Deli

3201 Park Avenue

Associated Supermarket

871 Forest Avenue
718-292-5613

Key Foods

1050 Westchester Avenue
718-860-2403

Fine Fare

616 Melrose Avenue
718-292-2735

Real Supermarket

784 Prospect Avenue

Anthony's Bodega

740 Saint Ann's Avenue
Shop Healthy store—This store has been designated as a healthy food retail location by the New York City Department of Health & Mental Hygiene

Farmers Markets

Seasonal: open from July to November only

Borough Hall Greenmarket

Grand Concourse and 160th Street
Tuesdays 8:00 am–6:00 pm

Poe Park Greenmarket

Grand Concourse and 192nd Street
Tuesdays 8:00 am–2:00 pm

Taqwa Community Farmers Market

Ogden Avenue and 164th Street
Saturdays 9:00 am–6:00 pm

Hunts Point Farmers Market

Monsignor Raul del Valle Square
Southern Boulevard and East 163rd Street
Wednesdays 8:30 am–5:00 pm
Saturdays 8:00 am–3:00 pm

MBD Community Park Farmers Market

1710 Southern Boulevard and 173rd Street
Fridays 8:00 am–4:00 pm

Harvest Home Sunday Farmers Market

Grand Concourse and East 165th Street
Sundays 8:00 am–4:00 pm

Harvest Home Mt. Eden Farmers Market

Mount Eden Avenue and Morris Avenue
(Claremont Park)
Thursdays 8:00 am–4:00 pm

Harvest Home Forest Avenue Farmers Market

Forest Avenue between Westchester Avenue and 156th Street
Wednesdays 8:00 am–4:00 pm

Weight Watchers Meetings

There are local meetings for members on different days and at different times. For more information, call 1-800-651-6000.

Internet Resources

Free Weight Loss Plans

www.sparkpeople.com

Heart Healthy Home Cooking African American Style

www.nhlbi.nih.gov/health/public/heart/other/chdblack/cooking.htm

Heart Healthy Latino Recipes

www.nhlbi.nih.gov/health/public/heart/other/sp_recip.htm

Better U: A Free Makeover That Could Change Your Life

www.goredforwomen.org/BetterU

Food-Related Classes

Cornell University Cooperative Extensions

432 East 149th Street
718-993-5360

This free nutrition and health program has hands-on workshops for parents and caregivers of children, for seniors who are receiving food stamps and for youth. You will learn how to select, prepare and cook healthy food for your family, and how to buy healthy food on a budget.

CSAs

CSAs (community supported agriculture) are food-buying clubs. They partner with local farms to sell fresh vegetables, fruits and other food at affordable prices. You buy a share in the farm and receive fresh fruits and vegetables each week from June through November.

Van Cortlandt CSA

Gale Place and Orloff Avenue
Call 718-514-3305 for information

Food Pantries

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Food Pantries

Days and times may change each season; please contact the food pantries before visits.

Mid-Bronx Food Pantry

1125 Grand Concourse
718-410-6735

Contact: Dolores Moon

Open once per month. Contact the pantry for information on monthly dates.

Hope Line

421 East 155th Street
718-402-1212

Contact: Kiana Clark

Pantry Bag Distribution:

For working families: Wednesdays 3:00–5:00 pm

For non-working families (the first 75 people):

Wednesdays and Thursdays 9:00–11:00 am

Momentum Project Inc. @ COGOP

85 East 165th Street
212-691-8100

Contact: Shawn Thorne

Pantry Bag Distribution: Wednesdays

11:00 am–1:00 pm

First come, first serve

Morrisania Revitalization Corp., Inc.

576 East 165th Street
718-589-7858

Contact: Carolina Martin

Pantry Bag Distribution: Fridays 10:00 am–noon

First come, first serve

Missionaries of Charity

344 East 146th Street
718-292-0019

To receive a ticket to the food pantry, you must visit the location first to speak with a representative.

Vineyard Food Pantry

1140 Teller Avenue
718-685-4011

Contact: Felicia Omeokwe

Pantry Bag Distribution: Saturdays 10:00 am–noon

Abraham House, Inc.

342 Willis Avenue
646-431-7337

Contact: Sr. Simone Pounet/Rita Claus

Pantry Bag Distribution: Saturdays 6:30–7:00 am

Astor Family Services

750 Tilden Street
718-655-3503

Food Pantry: Thursdays 2:00–4:00 pm

To attend, you must call the day before to speak with a representative.

Abundant Life Tabernacle, Inc.

2692 Third Avenue
718-292-8734

Contact: Barbara Rolle

Pantry Bag Distribution: Tuesdays and Thursdays

1:00–2:00 pm

First come, first serve

Every Day Is a Miracle

477 Brook Avenue
646-671-4360

Contact: Maria E. Estrada

Pantry Bag Distribution: Fridays 11:00 am

First come, first serve; must have proof of address and ID

Evangelical Garifuna Church

344 Brook Avenue
718-585-6818

Contact: Juana Ramos

Pantry Bag Distribution:

Wednesdays 9:00–11:00 am

Ruth Fernandez Family Residence

760-762 Fox Street
718-328-8180

Contact: Sandra Garcia

Pantry Bag Distribution:

The last Thursday of each month 10:00 am–noon.

Please call the day before your visit to the pantry.

Gospel Hill Baptist Church

3265 Third Avenue
718-325-5624

Contact: Rev. Henry Mack Junior

Pantry Bag Distribution: Tuesdays 10:00 am

First come, first serve

The Salvation Army Bronx Citadel

425 East 159th Street
718-665-8472

Contact: Captain Elias Goiz

Pantry Bag Distribution:

Tuesdays 10:00 am

First 120 people

Saint Ann's Church of Morrisania

295 Saint Ann's Avenue
718-585-5632

Contact: Rev. Martha Overall

Pantry Bag Distribution:

Wednesdays and Fridays 10:30 am–2:00 pm

Must have proof of Medicaid or ID

Transfiguration Lutheran Church

763 Prospect Avenue
718-378-3588

<http://tlcbronx.com>

Contact: Charles Simmons

Pantry Bag Distribution: Mondays 3:30–5:30 pm

United Bronx Parents, Inc.

966 Prospect Avenue
718-991-7100

Contact: Christian Estrada

Pantry Bag Distribution: Saturdays 8:00 am

First come, first serve

Way Out Church Ministries, Inc.

518 East 148th Street
718-665-8069

Contact: Eddy Ramos

Pantry Bag Distribution:

Tuesdays 8:00 am

Word of Life Christian Fellowship International FP

914 Prospect Avenue
718-861-5678

Contact: Felicia Udo-Onon

Pantry Bag Distribution: Thursdays 10:00 am

Saturdays 10:00 am–2:00 pm

First come, first serve

Give Them To Eat Pantry at La Iglesia Evangelica Español Del Bronx (The Bronx Spanish Evangelical Church)

800 East 156th Street
718-993-8961

Contact: Danilo LaChapel

Pantry Bag Distribution: Fridays 1:00 pm

For guaranteed entry, arrive at noon. Open to everyone (optional: bring proof of ID).