

# Montefiore Update

December 7, 2015 KEEPING ASSOCIATES IN THE KNOW

## AposTherapy Available to Montefiore Associates

AposTherapy, a breakthrough new treatment for knee, hip and lower back conditions, has officially launched at Montefiore's Moses Campus. Matthew N. Bartels, MD, MPH, Chair, Rehabilitation and Physical Medicine, Montefiore, and Professor and Chair, The Arthur S. Abramson Department of Physical Medicine and Rehabilitation, Einstein, calls the new service a "paradigm shift."

"The idea with AposTherapy is that if we can alter the biomechanics of patients, we may be able to avert a lot of other, more invasive treatments that are currently in use," says Dr. Bartels.

Montefiore associates with Empire Blue Cross and Blue Shield insurance are covered for this service, as well as other patients with HealthFirst insurance coverage. According to Dr. Bartels, "Having the ability to help nurses and others who are standing all day and suffer from lower extremity joint pain is a tremendous benefit." A Montefiore critical care nurse who has already been treated with AposTherapy says, "I felt like I had new knees. It just gave me this sense of hope because I've been struggling with this pain for so long that I just figured I had to live with it. Thankfully, that is not the case."

To learn more about AposTherapy and schedule an initial evaluation to determine if you're a candidate, contact Michelle Foster at 718-920-4083 or email [apostherapy@montefiore.org](mailto:apostherapy@montefiore.org). Visit [www.montefiore.org/apos](http://www.montefiore.org/apos) for more information.

## Look and Feel Your Best with Montefiore Aesthetics

Montefiore Aesthetic is an innovative program combining access to leading board-certified physicians and Montefiore's excellence in delivering high-quality care. Montefiore Aesthetics is proud to offer options for leading-edge aesthetic surgery to patients in a safe, comfortable environment.

Patients consult with members of the multidisciplinary team at a single location, for consultation in procedures including: face lifts, rhinoplasty (nose surgery), ear pinning and eyelid surgery, body contouring surgeries such as breast augmentation, liposuction, Brazilian butt lifts, and abdominoplasty (tummy tuck). Non-surgical treatment options include injectables (Botox, Dysport, Xeomin) for treatment of wrinkles, as well as fillers (Juvederm, Restylane) for the correction of facial lines, lip augmentation and general restoration. Treatments for unsightly veins are performed by vascular surgeons.

All aesthetic procedures are performed at Montefiore's new Hutchinson Campus, Montefiore's state-of-the-art, 12-story, 280,000 square foot ambulatory facility. For more information or to schedule a consultation, call Caroline Barrett at 929-263-3662. A launch event celebrating the opening of Montefiore Aesthetics is scheduled for January 7 from 5 to 7 pm at Montefiore Aesthetics, 1250 Waters Place, Tower Two, 6<sup>th</sup> Floor.

Visit the intranet for upcoming events and educational seminars for Montefiore Aesthetics.

Montefiore  
*Aesthetics*

## Happy First Birthday to the Hutchinson Campus

Tower Two of the Montefiore Hutchinson Campus celebrated its one-year anniversary on November 30, with cake and cupcakes for associates to commemorate the occasion. Tower Two is a 12-story, patient-centered, multidisciplinary outpatient diagnostic and treatment center located at 1250 Waters Place in the Bronx, which opened its doors in the fall of 2014. It consists of 12 operating rooms, four procedure rooms, laboratory services, outpatient surgical clinical programs, primary care services and an outpatient imaging center.



Pictured from left to right: Gloria Kenny, Vice President, HR Operations; Susan Solometo, Vice President, Clinical Services; Davy Bascara, Associate Director, Ambulatory Services; Lissen Simonsen, Senior Director, Ambulatory Services; and Ed Pflieger, Senior Vice President, Facilities and Real Estate.

## Read All About It

The current issue of *Nursing@Montefiore* is now online. The publication celebrates nursing as a profession and the numerous accomplishments of Montefiore nurses. The current issue focuses on lifelong learning in the broadest sense that is currently being undertaken by Montefiore nurses. Whether they're pursuing advanced degrees, volunteering to staff Montefiore's Emerging Infectious Disease Unit or obtaining a national certification in their area of specialty, Montefiore nurses are continuously learning and adapting to meet the complex needs of today's changing healthcare landscape. Read more in *Nursing@Montefiore*.



## Training Kicks-off for 4,000 Associates in Preparation for 4<sup>th</sup> Epic@Montefiore Go-Live

Roughly 4,000 associates (including more than 800 Super Users who will provide peer to peer support) are being trained on Epic, as Montefiore prepares for its fourth Epic@Montefiore go-live at Montefiore's Einstein, Hutchinson and Westchester Square Campuses, as well as all outpatient radiology sites. The new, integrated clinical platform will help associates such as those in the Department of Oncology learn how to better manage and create cancer regimens in treatment plans. Admitting and Emergency Department registrars, bed planners, nurses and managers learn to better identify patients who require inpatient pre-registration, while associates in Anesthesia departments learn to better document pre- and post-operative notes. This comprehensive training underscores Montefiore's values by enabling associates to provide patients with better safety, quality and service.

Training runs December 6 to January 23. Montefiore associates can obtain information on Epic@Montefiore training and go-live support through several channels. For general questions, contact the Epic Training Department at [EpicTrainingDept@montefiore.org](mailto:EpicTrainingDept@montefiore.org). For Ambulatory-related questions, contact [EpicCareAMBTraining@montefiore.org](mailto:EpicCareAMBTraining@montefiore.org); and for Inpatient-related questions, contact [EpicCareINPtraining@montefiore.org](mailto:EpicCareINPtraining@montefiore.org).

For more information, visit [Epic@Montefiore](http://Epic@Montefiore) on the intranet.

EPIC@Montefiore

### Give the Gift of Life This Holiday Season

When you register as an organ donor with your state DMV, you're certainly engaging in a kind, compassionate act. But why not spend less than a minute to join a registry that connects donors and recipients throughout the U.S.? **Organize** was created so that patients awaiting a new heart don't have to wait until one becomes available in their home state. Make a difference in someone's life by registering with **Organize** today.

Register today at <https://register.organize.org/brand/r/montefiore/>.

### Awards and Honors



**Steven M. Safyer, MD**, President and CEO, Montefiore Medicine, was honored on November 18 by the New York eHealth Collaborative's Board of Directors at the 5<sup>th</sup> annual Gala and Path Awards for his dedication to advancing healthcare through technology for all New Yorkers.

**Robert Angert, MD**, Assistant Medical Director, Pediatric Quality, and Attending Neonatologist, Children's Hospital at Montefiore,

and Assistant Professor, Pediatrics, Einstein, recently received the American Academy of Pediatrics (AAP) 2015 Council on Clinical Information Technology's (COCIT) Best Podium Presentation Award for his presentation entitled "Smart Pump Technology Implementation and Error Prevention in the NICU." As an award winner, COCIT will recognize Dr. Angert's work in the December 2015 edition of *AAP News*, the winter issue of *COCIT Digest*, and on the COCIT website.

**Judy Aschner, MD**, Physician-in-Chief, Children's Hospital at Montefiore, and Professor and Michael I. Cohen, MD University Chair, Pediatrics, Einstein, was recently honored by the UJA-Federation of New York at its annual reception on November 19 for her distinguished work in medicine and commitment to philanthropy.

**Alain H. Litwin, MD, MPH**, Attending Physician, Internal Medicine and Addiction Medicine, Montefiore, and Professor, General Internal Medicine and Psychiatry and Behavioral Sciences, Einstein, was recently nominated for the Health Commissioner of New York's Special Recognition Award for his commitment and contribution to promoting Hepatitis C testing and improving access to care and treatment.

**Michael B. Prystowsky, MD, PhD**, Chair and Professor, Department of Pathology, Montefiore and Einstein, was featured in a special section of the November issue of *Archives of Pathology and Laboratory Medicine*. The issue, entitled "Emerging Concepts in Head and Neck Squamous Cell Carcinoma," contains six articles organized by Dr. Prystowsky and written by researchers and clinicians at Montefiore and Einstein who are members of the Head and Neck Cancer Research Group.

**Payam Rafat, DPM**, Panel Podiatrist, Beale Wound Care Center, and Attending Podiatrist, Podiatry, Montefiore New Rochelle, co-chaired a session and presented a talk entitled "Conservative and Surgical Management of Diabetic Foot Disorders" at BIT's Second Annual World Congress of Orthopedics-2015 in Xi'an, China on Friday, September 25.

**K.H. Ramesh, PhD, ABMGG, FACMGG**, Director, Cancer CytoGenomics, Montefiore, and Associate Professor, Pathology, Einstein, was recently honored as a panel chair and keynote speaker at the Global Cancer Summit-2015: An International Collaborative Conference in memory of Senator M. Edward Kennedy in Bangalore, India on November 18–20. He presented and discussed "HER2 Genetic Heterogeneity and Fluorescence In Situ Hybridization Analysis in Invasive Ductal Breast Cancer." The conference was attended by 700 delegates from 30 countries.

**Alan J. Shapiro, MD**, Attending Physician, Pediatrics, Montefiore, and Clinical Assistant Professor, Pediatrics, Einstein, was recently honored by the American Academy of Pediatrics (AAP) Council on Community Pediatrics as a "Local Hero" at this year's AAP National Conference and Exhibition on October 24 in Washington, D.C.

The **Montefiore AIDS Center** was selected by New York State Department of Health to receive an honor at the state's World AIDS Day celebration in Albany, New York, on December 1. Montefiore received the Commissioner's Special Recognition Award for HIV/AIDS services, in recognition of the AIDS Center's longstanding commitment to providing innovative, comprehensive, high-quality and compassionate services for the diagnosis, treatment and prevention of HIV/AIDS and related complications. The Montefiore AIDS Center was also noted for breaking new ground by opening a new outpatient site, "The Oval Center at Montefiore," focused on the screening and treatment of sexually transmitted infections, HIV prevention programs, Hepatitis C care, LGBT sexual healthcare, and HIV testing. **Barry S. Zingman, MD**, Medical Director, Montefiore AIDS Center, and Professor, Clinical Medicine, Einstein, and **Andrew Felder**, Administrative Director, Montefiore AIDS Center, along with others from the AIDS Center, accepted the award in person.

### Clinical Trial Spotlight

#### Teenage Girl Health Study

Researchers at Montefiore and Albert Einstein College of Medicine are conducting a research study to find better ways to protect teens from HIV and other STIs.

To take part, you must be:

- 15–18 years old
- Not using hormonal birth control or an IUD

Participation will involve one study visit. Reimbursement for time and travel provided.

Call or text 347-835-7842 or email [microbicide@einstein.yu.edu](mailto:microbicide@einstein.yu.edu) to learn more.

To search for other clinical studies being conducted at Montefiore, visit [www.montefiore.org/clinicaltrials](http://www.montefiore.org/clinicaltrials).

## EVENTS

### Associate Art Showcase and Choir Performance

Experience a special showcase of art created and performed by associates. Doors will open at 12:30 pm. Enjoy a performance by our Associate Choir at 12:45 pm. Hear readings of poetry beginning at 1:10 pm. A special selection of photographs, paintings and other artwork created by Montefiore colleagues will be on view throughout the entire event.

**Wednesday, December 9 | 12:30–3:00 pm**  
**Moses Campus, Grand Hall**

For more information, contact [healingarts@montefiore.org](mailto:healingarts@montefiore.org).

### Montefiore Holiday Party

Get your tickets to the 2015 Montefiore Holiday Party. Tickets must be purchased in advance from each campus' designated vendor. Limited seating available. \$35 for associates/\$65 for guests (cash only).

**Thursday, December 17 | 6:00–11:00 pm**  
**Marina Del Rey**  
**One Marina Drive, Bronx**

Visit the intranet for campus vendor's contact information.

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