

Montefiore Update

November 9, 2015 KEEPING ASSOCIATES IN THE KNOW

Montefiore Celebrates Diabetes Awareness Month

In honor of National Diabetes Awareness Month, Montefiore has a full roster of events scheduled throughout November aimed at highlighting the wide range of programs the health system offers to prevent and control the disease.

A key facet of Montefiore's care philosophy is empowering patients to take an active role in their treatment. The Montefiore Clinical Diabetes Center offers a Self-Management Education Program, which focuses on helping patients improve their care outcomes through effective management of their symptoms. Montefiore's proprietary diabetes self-management system—the Proactive Managed Information System for Education in Diabetes (PROMISED)—has repeatedly garnered national recognition from the American Diabetes Association for exemplary performance and consistently meeting national standards.

The health system advocates a holistic approach to disease management, which extends beyond doctor's visits to encompass all facets of a patient's life. In terms of diabetes management, this includes maintaining a healthy diet, getting enough exercise, and maintaining a general sense of wellness. The Einstein-Montefiore Clinical Diabetes Center (CDC) provides inpatient and outpatient programs, which are annually recognized and certified by the American Diabetes Association. The Center provides patients with individualized care through a multidisciplinary team of practitioners, including endocrinologists, nurse practitioners, nutritionists, and clinical nurse specialists who provide treatment to nearly 4,000 patients annually.

In its ongoing efforts to combat juvenile diabetes, the Department of Endocrinology and Diabetes at the Children's Hospital at Montefiore (CHAM) kicked off Diabetes Month with its annual Candy Exchange, held in the Grand Hall at the Moses Campus on Monday, November 2. Diabetic children from the community and their families brought in candy they collected while trick-or-treating, in exchange for a toy or game during the event. The candy exchange also featured information on products and services focused on diabetes education and treatment. "We get the kids to come in and exchange their candy for something they can enjoy, like toys or a game, while educating them on their condition and what they can do to stay healthy," says Rebecca Crespi, NP, Certified Diabetes Educator, Pediatric Endocrinology and Diabetes Department, CHAM, and the event's lead organizer. "It's also an opportunity for them to meet other kids with diabetes, as well as for parents to meet other parents, providing a support network and community. My favorite booth is the Nutrition table, which teaches not only healthy eating habits, but also how parents can use candy in a healthy way to manage blood sugar."

For a full calendar of Diabetes Awareness Month events, locations and times, visit www.montefiore.org/diabetes-month.



Rebecca Crespi, NP, CHAM, and Rubina Heptula, MD, Chief, Pediatric Endocrinology and Diabetes, CHAM, dressed up with two Candy Exchange participants.

Diabetes Awareness Month Events

Farmers Market Walking Tours—Hosted by the Office of Community and Population Health

MMG Comprehensive Family Care Center

Tuesday, November 10, 17 | 11:00 am–noon

MMG Family Health Center

Tuesday, November 10, 17 | 10:00–11:00 am

Greene Medical Arts Pavilion

Wednesdays, November 11, 18 | 9:30–10:30 am

Thursdays, November 12, 19 | Noon–1:00 pm

"Keep It Moving"—Hosted by the Office of Community and Population Health

Emerald Island Immigration Center

Monday, November 9 | 10:30 am–12:30 pm

Wakefield Library Adult Learning Center

Thursday, November 12 | Noon–1:00 pm

Wednesday, November 18 | 2:00–3:00 pm

Hula Hoop Demonstration

MMG Family Care Center

Wednesday, November 11 | 10:00–11:00 am

Tuesday, November 17 | 3:00–4:00 pm

Introduction to Managing Diabetes—Hosted by CMO, Montefiore Care Management

MMG Bronx East

Tuesday, November 10 | Noon–2:00 pm

Third Leg of Epic@Montefiore: Another 90 Ambulatory Locations Go-Live

Roughly 8,000 associates at more than 160 outpatient sites have the benefits of Epic@Montefiore, an integrated electronic health record system and the training to collaborate in providing better patient care using the system. More than 90 ambulatory faculty practice locations across the Departments of Pediatrics, Psychiatry and Behavioral Sciences, Cardiovascular & Thoracic Surgery, Ophthalmology, Radiation Oncology, Neurological Surgery, Otolaryngology, Orthopaedic Surgery, Dental and Oral Surgery and the Montefiore School Health Program, went live with Epic@Montefiore on October 30. These faculty practices join more than 22 Montefiore Medical Group sites, as well as the rest of ambulatory faculty sites currently using Epic.

Epic@Montefiore brings cutting-edge functionality to all clinicians. The integrated platform fosters greater collaboration between disciplines, as it enables an inter-professional care process at the point of service in constructing a comprehensive patient record, which helps to improve quality and efficiency across the Montefiore Health System.

Montefiore's vision is to be a leading and innovative healthcare provider serving its patients and the overall community. Epic promotes this by combining multiple discipline-focused modules across different services into one central system, streamlining workflows, reducing patient wait times and providing instant access to all-inclusive patient information on one screen.

Visit the intranet for more information about Epic@Montefiore.

EPIC@Montefiore

Research and Innovations

- Montefiore's **Preventative Medicine Program** received a \$1.2 million grant from the Health Resources and Services Administration (HRSA), a division of the U.S. Department of Health and Human Services, to develop and implement a new preventive medicine (PM) residency program, woven into an existing residency in family medicine.
- **The Transformative Behavioral Health Initiative** received a four-year, \$9.6 million grant from the Center for Medicare and Medicaid Innovation (CMMI) to fund a unique patient-centered approach to providing comprehensive care to those with severe mental illness (SMI). The new initiative—developed by Montefiore's Department of Psychiatry—will develop a Practice Transformation Network (PTN) with a centralized care management program to support clinicians providing services to those with SMI, focusing on evidence-based treatments and relapse prevention interventions.
- Researchers at **Montefiore Einstein Center for Cancer Care** and the NCI-designated **Albert Einstein Cancer Center** received a three-year, \$750,000 grant from the Congressionally Directed Medical Research Programs, an office of the U.S. Department of Defense, to support research on the mechanism of action of a novel tumor suppressor protein, FILLP1L, which has been shown to inhibit the spread of **ovarian cancer**.
- Montefiore and Einstein have been awarded a \$3.3 million grant from the National Institutes of Health to explore **cognitive training programs among the elderly** as a strategy to improve their flexibility and agility. The funds will be used to develop effective interventions, with the goal of improving cognitive functions that enhance mobility.
- The Mayor's Office for People with Disabilities presented Montefiore with the **Champions of Change Award** for its collaboration with Project Search, a business-led, school-to-work transition program which works towards increasing employment opportunities for youth with developmental disabilities.
- The American Heart Association and American Stroke Association have recognized **Montefiore Mount Vernon** for continued success in using the *Get With The Guidelines Stroke Program*, which applies the most up-to-date evidence-based treatment guidelines to improve patient care and outcomes in the community.
- Researchers from Montefiore's **Department of Radiation Oncology** and the **Albert Einstein College of Medicine Institute of Onco-Physics** recently gave nine presentations at the 57th Annual Meeting of the American Society of Radiation Oncology. **Alan Lee, MD** was the recipient of the 2015 Resident Poster Viewing Recognition Award, receiving second place for his abstract on PET-CT in functional radiation planning. **Shalom Kalnicki, MD**, Chairman and Professor, Radiation Oncology, Montefiore and Einstein, was appointed to the board of the Radiosurgery Society and to the Executive Committee of the Society of Chairs of Academic Radiation Oncology Programs.

Montefiore Healing Arts Program's Relaxation Hotline—¿Se Relajan?

Montefiore's Relaxation Hotline, brought to you by the Montefiore Healing Arts Program, provides listeners with a choice of brief relaxation exercises or gentle music. The Hotline has been revamped with a whole new menu option in Spanish to better serve Montefiore's diverse patient population. Call anytime, 24 hours a day and take a moment to relax and recharge.

The Relaxation Hotline can be reached at 718-920-CALM (2256).



Clinical Trial Spotlight

Helping Teens and Families to Better Manage Type 1 Diabetes: A Randomized Control Trial

This study is designed to evaluate the effectiveness of a new intervention in improving health outcomes in type 1 diabetes in teens. The study aims to target thoughts and feelings in teens that contribute to difficulties in managing diabetes and includes a parental component to help families communicate more effectively with one another about diabetes management.

Ages Eligible for Study: 13 to 18 Years

Genders Eligible for Study: Both

To learn more about this study, contact Becky Hashim Lois, PhD, at 718-696-3041 or ProjectADDAPT@montefiore.org.

To search for other clinical studies being conducted at Montefiore, visit www.montefiore.org/clinicaltrials.

EVENTS

Call for Associate Art and Poems

On December 9, the Moses Art Showcase will highlight the creative work of our colleagues. We invite all associates to submit images of their paintings, drawings, photographs or other visual art, as well as poetry for consideration. Selected art will be displayed at the Showcase event or in the monthly Healing Arts e-showcase. We invite you to include a brief description of the personal significance of each piece.

Submission deadline: Friday, November 20

Submit pieces to healingarts@montefiore.org or contact 718-920-6576.

Professional Development Seminar

A four-day seminar available to all associates, designed to provide an effective process to help determine career interests and goals.

Weiler Hospital—Room to be announced

Monday, December 7; Wednesday, December 9; Monday, December 15; and Wednesday, December 17

9:00–11:00 am

Register by obtaining an application from HR at 3411 Wayne Avenue, 1st Floor or call 718-920-8440.

Applications must be submitted by no later than Friday, November 27.

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