

Montefiore Update

October 26, 2015 KEEPING ASSOCIATES IN THE KNOW

Montefiore Associates Treated to Total Relaxation at Healing Arts Event

On Wednesday, October 14, more than 500 associates were treated to a relaxing break throughout the afternoon with soothing activities geared towards calming each of the five senses at the inaugural “Relaxing Through the Five Senses: A Relaxation Retreat for Moses Associates” event. Montefiore’s Healing Arts Program hosted the event in Moses’ Grand Hall in partnership with Moses Campus Leadership, Human Resources and the To Your Health! Associate Wellness Program. Participants were invited to visit the each of the stations dedicated to fostering relaxation for each sense.

“The Healing Arts Program was thrilled to hold this event for our associates,” says Ronit Fallek, MPA, Director, Montefiore Healing Arts Program. “Together with our event partners, we worked to offer an experience that would be enjoyable in the moment while providing resources for ongoing relaxation. We were overjoyed at the number of people who attended.”

Kristen Corey,
MA, MT-BC,
LCAT-P, Music
Therapist, Program

Coordinator, Montefiore Healing Arts Program, greeted associates at the event’s entrance with her soothing harp playing. She later manned the “Sound” table, handing out copies of the Healing Arts Program’s *Quiet Time* CD, a compilation of relaxing music. The “Taste” table featured a variety of different herbal teas, as well as complimentary bars of dark chocolate. Visitors to the “Sight” table were given a choice between six different landscape or nature photographs, along with a frame in which to display the photo on their desks or workstations. The “Touch” section featured 10-minute chair massage delivered by licensed massage therapists.

Jeanne Kenney, RN, BSN, HNB-BC, CC-AP, the Healing Arts Program’s Holistic Nurse, worked the “Scent” table, offering samples of lavender essential oil. “It was my absolute pleasure to share my knowledge of stress management and relaxation techniques with my colleagues. Everyone at Montefiore is truly dedicated and it was wonderful to provide associates with this opportunity for relaxation and renewal.”

Healing Arts at Montefiore is a network of programs that uses the arts, creative arts therapies, integrative medicine, and other healing approaches to enhance the quality of life, health and well-being of Montefiore’s patients, associates and community. These programs are available in Oncology, Palliative Care, Transplantation, Dialysis and other departments to complement patient care by providing comfort and enjoyment, promoting self-expression, and enhancing quality of life. Offerings range from the visual arts and writing to music and art therapies to holistic nursing relaxation techniques.

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—Ronit Fallek, MPA

Montefiore and Dr. Guzmán Present: *Objetivo: Tu Salud*

Montefiore and Eliscer Guzmán, MD, produced a 13-part Spanish language television series titled *Objetivo: Tu Salud*. The series will provide information on medical conditions relevant to the Spanish community, including diabetes, cardiovascular disease, obesity and asthma, among others. This informative and entertaining series will also feature interviews with Montefiore’s medical specialists, as well as healthy living and cooking tips. **Tune in to Telemundo 47 (www.telemundo47.com), every Sunday at 10:00 am starting on November 1.**



Eliscer Guzmán, MD: Noted Cardiologist and Host of *Objetivo: Tu Salud*

Montefiore Provides Gift of Sound

Montefiore patients who lack the financial resources to obtain hearing aids on their own received the “Gift of Sound” at the annual Hearing Aid Mission at Medical Arts Pavilion at the Moses Campus on Saturday, September 26. The event is part of the Help America Hear Program, held in partnership with the Foundation for Sight & Sound (FSS), McGuire’s Hearing Aids and Audiology Services, The Rotary Club of the Bronx, hearing aid manufacturer ReSound and Assemblyman Mark Gjonaj, 80th Assembly District, Bronx, New York. Mitchel Shapiro, founder of the FSS, has Ushers syndrome—a degenerative eye disease with profound hearing loss—and has always felt fortunate to have the resources that enable him to lead life to the fullest. His desire to give back to the community and to help the hearing-impaired lead lives of inclusion prompted him to start the Help America Hear Program and missions. Individuals who attended received not only the hearing aids themselves, but also the costly batteries they require, as well as instructions on how to use them properly and specialty telephones designed for the hearing impaired. Thanks to the hardware provided by Montefiore and FSS, several elderly individuals who were fitted with the hearing aids during the event were able to hear the voices of their loved ones for the first time in decades. Since the Help America Hear program’s inception, more than 1,000 individuals received the “Gift of Sound.”

Epic@Montefiore Goes Live at More than 90 Ambulatory Faculty Practice Sites

On Friday, October 30th, more than 90 additional ambulatory faculty practice sites will go live with Epic@Montefiore. The new integrated electronic health record system will improve clinical collaboration for clinicians in Pediatrics, Psychiatry and Behavioral Sciences, Orthopaedic Surgery, Cardiovascular & Thoracic Surgery, Neurological Surgery, Otolaryngology—Head and Neck Surgery, Radiation Oncology, Ophthalmology and Visual Sciences, Urology and Dental and Oral Surgery, as well as the Montefiore School Health Program, and will enable Montefiore to provide better safety, quality and service to patients.

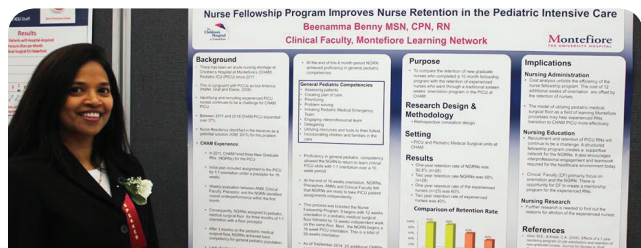
In preparation for the Epic@Montefiore go-live this week, the Epic project team successfully converted 55,000 patient appointments from the Legacy system into the new integrated system and tested more than 2,600 work stations, while ensuring patient privacy and regulatory compliance. For onsite support, roughly 500 Super Users (associates who act as a resource in their practices and departments and who play a critical role in providing on-site support to their peers on various workflow issues during go-live and post-go live) have been trained to assist new users. In addition, personalization lab sessions were conducted in order to ease providers’ transition to Epic and to increase their efficiency with documenting in the new system.

More than 2,600 associates have been trained for the third Epic@Montefiore go-live. They will join colleagues from Montefiore Medical Group and more than 70 ambulatory faculty practice sites that are currently live on Epic@Montefiore to promote even greater clinical collaboration and a more seamless, patient-centered healthcare experience.

Visit the Intranet for more information about Epic@Montefiore.

EPIC@Montefiore

Montefiore Hosts 5th Annual Nursing Symposium



Beenamma Benny, MSN, CPN, RN, Clinical Faculty, Learning Network, Montefiore, proudly displays her research project titled "Nurse Fellowship Program Improves Nurse Retention in the Pediatric Intensive Care."

On September 25, Montefiore hosted its 5th Annual Nursing Research Symposium, where nursing staff from across the health system gathered to present the findings from their various research initiatives. The event was held in the Grand Hall of the Tishman Learning Center at the Moses Campus, with the nurses' posters displayed in a cordoned-off section of the Food Pavilion. Susan Green Lorenzen, RN, System Senior Vice President, Operations, Montefiore, delivered the opening remarks, while keynote speaker Donna M. Nickitas, PhD, RN, NEA-BC, CNE, FAAN from CUNY, spoke on harnessing the value of nursing through metrics and measures of excellence. In total, 17 research projects were on display, 10 of which were accompanied by oral presentations. Some of the topics presented included "The Effect of Centering Pregnancy on Key Indicators of Maternal Child Health" (Carole Ann Moleti, DNP, MPH, CNM, FNP-BC), "Reducing the Risk of Intraventricular Hemorrhage in Premature Newborns in the Neonatal Intensive Care Unit" (Carolyn Manning, MSN, RNC-NIC) and "Promoting Breastfeeding Through Skin-to-Skin Contact After Cesarean Section" (Angela Samuel, MSN, RN, IBCLC; Dana Kaye Edwards, MSN, RNC; Pamela Johnson, BSN, RNC; Meaghan Devivo, MSN, RC).

Awards and Honors

George J. Stivala, MD, Medical Director, Schaffer Extended Care Center, was recently certified by The Society for Post-Acute Long Term Care.

Lawrence J. Brandt, MD, Gastroenterology, Montefiore, and Professor, Gastroenterology and Liver Diseases and Surgery, Einstein, will be honored with the Peggy Lillis Foundation's Lifetime Achievement Award for his leadership in advancing fecal microbiota transplants for *Clostridium difficile* infections.

Peter Selwyn, MD, MPH, Professor and Chairman, Family and Social Medicine, Montefiore and Einstein, will receive the 2015 HIVMA Clinical Educator Award at the Infectious Diseases Society of America's annual meeting in San Diego.



Clinical Trial Spotlight

Research Study for Latina Breast Cancer Survivors

Researchers at Montefiore need your help to investigate whether new educational material will help promote follow-up care in Latina breast cancer survivors.

To take part you must:

- Be 21–74 years of age
- Identify as a Latina or Hispanic
- Have completed primary treatment 3–48 months ago

Participants will be compensated for their time.

To learn more, contact Rita Rivera at 646-627-6972 or rita.rivera@einstein.yu.edu.

To search for other clinical studies being conducted at Montefiore, visit www.montefiore.org/clinicaltrials.

EVENTS

Celebration of Light: A Shadow Puppetry Performance

Join us for this unique performance from the Healing Arts program's shadow puppetry workshop.

Friday, October 30
1:00–1:30 pm
TLC-1, Moses Campus

Email healingarts@montefiore.org for more information.

Join our NYC Marathon Team Cheering Squad

Come out on race day to cheer for CHAM's NYC Marathon team in the Bronx.

Sunday, November 1
11:00 am–3:30 pm
138th Street and Alexander Avenue
Bronx, New York

For more information, email mmackenz@montefiore.org.

Call for Associate Art and Poems

On December 9, the Moses Art Showcase will highlight the creative work of Montefiore associates. Healing Arts is looking for submissions of images of associates' original paintings, drawings, photographs or other visual art as well as poetry for consideration. Please include a brief description on the personal significance of each piece.

Submission deadline: Friday, November 20

Submit pieces to healingarts@montefiore.org or call 718-920-6576.