

Montefiore Update

July 20, 2015 KEEPING ASSOCIATES IN THE KNOW

Montefiore Provides Free Cervical and Breast Cancer Screenings

On Saturday, May 30, a volunteer team of Montefiore pathologists and clinicians from Obstetrics & Gynecology and Women's Health and Radiology provided free cervical and breast cancer screenings to more than 40 underserved women ages 21–64 at the annual See Test & Treat event held at Montefiore Advanced Imaging on the Moses Campus. At this event, participants receive pelvic exams, pap smears and mammograms with same-day test results, as well as access to insurance options and connections to follow-up services.

"Too many women in the community face high hurdles just to access basic preventive care," says Michael Prystowsky, MD, PhD, Professor and Chairman, Pathology, Montefiore and Einstein. "If these women can have regular screenings and opportunities to learn about their risks, then we can detect cancers earlier, when the potential for survival is greatest." See Test & Treat, funded by a grant from the College of American Pathologists (CAP) Foundation, also provides valuable educational opportunities to patients such as care options and lifestyle tips as they wait for their results.

United Hospital Fund Awards Grant to Montefiore and North Shore-LIJ for PICC-line Initiative

Montefiore Health System and North Shore-LIJ received a grant from the United Hospital Fund to expand their Peripherally Inserted Central Catheter (PICC) Line Initiative, a joint effort aimed at reducing bloodstream infections from central line catheters in the home care setting. During the past decade, New York's hospitals have seen significant success in reducing bloodstream infections related to central line catheters during onsite care through the systematic adoption of "best practices" and better communication among primary care teams. However, little attention has been paid to reducing infection rates in the home care setting, despite increasing numbers of patients being discharged from hospitals to their homes with a central line in place.

By surveying home care nurses, those involved with the PICC Line Initiative discovered that they currently do not have an established protocol for communicating infection rates to hospital infection control teams. The PICC Line Initiative's new toolkit includes educational materials, checklists and simple forms to address those needs. "[One of the forms] prompts and streamlines communication between home and hospitals when there is a suspected or confirmed central line infection, and triggers an analyses of why infections happened and how to prevent future occurrences," says Audrey Adams, RN, MPH, CIC, Director, Infection Prevention and Control, Montefiore. The project's staff is also developing educational materials for patients and family caregivers, for potential use by a wide range of healthcare organizations.

Montefiore New Rochelle Lends a Hand at North Avenue Mile



On Sunday, June 14, Montefiore New Rochelle sponsored the 3rd Annual NewRo Runners North Avenue Mile Run 2015. The event benefited the New Rochelle Campership Fund, with Montefiore New Rochelle providing safety vests for the NewRo Runners volunteers, who are pictured above.

Epic@Montefiore Goes Live at More than 70 Faculty Practice Sites

Since the initial Epic@Montefiore go-live at Montefiore Medical Group and Sound Shore Cardiology Associates in May, additional ambulatory services, including 70+ faculty practice sites, have been slated for the second go-live on July 31. More than 3,000 associates in the Departments of Family and Social Medicine, Obstetrics & Gynecology and Women's Health, Medicine, Neurology, and Physical Medicine and Rehabilitation, as well as the Montefiore Einstein Center for Cancer Care, will be able to provide even greater levels of coordinated patient care by using this integrated electronic health record system. Following phase two of the go-live, more than two-thirds of Montefiore's ambulatory sites will now operate on a single, integrated clinical platform.

"With Epic, providers at specialty practices will have full access to Montefiore Medical Group's data and vice versa, rather than relying on the limited data set that is currently interfaced," says Matthew Berger, MD, Medical Director, Epic@Montefiore. This new functionality will increase both operational and clinical efficiency by allowing access to integrated workflows and streamlining access to patient information between different departments.

Front desk associates at these faculty practice sites went live with Epic@Montefiore on July 20 and are currently using the integrated system to register patients and schedule their appointments with greater efficiency and accuracy.

Epic@Montefiore underscores Montefiore's values by enabling associates to provide patients with a seamless, patient-centered healthcare experience.

For more information, visit [Epic@Montefiore on the Intranet](#).

EPIC@Montefiore

Wakefield Offers Diabetes Prevention Program to Associates

Montefiore's To Your Health! Associate Wellness program has partnered with the YMCA for a new Diabetes Prevention Program open to all Wakefield Campus associates. This 16-week, evidence-based program allows pre-diabetic associates to work with a YMCA-trained lifestyle coach in a group setting to learn behavioral changes that will help prevent diabetes.

Interested associates should contact the Associate Wellness Dietitians at 347-498-2424 or email wellnessRD@montefiore.org. The first class will take place on July 22 from 5:15–6:15 pm on the Wakefield Campus.

Interested in Deepening Your Clinical Research Skills?

If you're a CRTP graduate from Einstein or another CTSA institution, you may be interested in a new program called PCOR PRIME. During the six-to-eight month online, on-demand course, you will learn the tools needed to design and conduct patient-centered outcomes research. The course is free for those who qualify. Visit the Intranet for more information and apply by July 31.

EJBM call for submissions

The Einstein Journal of Biology and Medicine now welcomes submissions from physicians, medical residents, post-doctorates and students for a wide-range of work, including clinical case reports, historical perspectives, commentary, medical reviews and brief research reports.

For more information, email ejbm@med.einstein.yu.edu.

Montefiore Physicians Selected as New York's "Top Doctors"

More than 275 physicians from Montefiore have been named in *New York* magazine's "Best Doctors 2015" issue, which was published on June 7. Montefiore's physicians were recognized across various specialties, including Surgery, Oncology, Cardiology and Pediatrics, as leading doctors in the region. Notably, one quarter of all the doctors listed in the magazine are Montefiore doctors. *New York* magazine uses data from Castle Connolly Medical Ltd., a research and information company.

Clinical Trial Spotlight

Family Planning Intentions Among Young Women in New York City

Montefiore is conducting a research study to learn more about what adolescents with and without HIV think about pregnancy and having children. This information will be used to design better youth health programs, and participants may be asked their opinions about the best way to do this.

To take part, volunteers must be:

- Female
- Age 14–25
- Willing to answer questions about pregnancy, sex and their intentions to have children

To learn more, contact Jessica Atrio, MD, Department of Obstetrics & Gynecology and Women's Health, at 718-405-8036.

For more clinical trials being conducted at Montefiore, visit www.montefiore.org/clinicaltrials.

Awards and Honors



Suzette Oyeku, MD, MPH, FAAP, Associate Division Chief, Academic Affairs, General Pediatrics; Associate Director, Leadership, Engagement and Diversity (L.E.A.D) Office, CHAM; and Associate Professor, Clinical Pediatrics, Einstein, worked with a team of sickle cell experts and the National Institute for Children's Health Quality (NICHQ) to create a step-by-step manual for improving acute care management for sickle cell patients.



Matthew S. Robbins, MD, FAHS, Director, Inpatient Services, Montefiore Headache Center; Chief, Neurology, Einstein Division, Montefiore; and Associate Professor, Clinical Neurology; Assistant Professor, Medicine (Critical Care), Einstein, received the 2014 Members Choice Award for the Best Article Published in *Headache*. He co-authored the study, "Trigger Point Injections for Headache Disorders: Expert Consensus Methodology and Narrative Review."



Tamar Rubinstein, MD, MS, Fellow, Pediatric Rheumatology, Children's Hospital at Montefiore, received a fellowship from the Lupus Foundation of America to study a new biomarker found in blood as a possible screening tool for the symptoms of neuropsychiatric lupus in children.

Montefiore New Rochelle's Healthy Lifestyle-Fit WIC Program

received an Honorable Mention from the Healthcare Association of New York State Community Health for outstanding initiatives that improve community health and well-being. The WIC program collaborates with physicians, nutritionists and personal trainers to prevent childhood obesity through improved nutrition and physical fitness activities.

EVENTS

Family Diabetes Day at the Bronx Zoo

Please join us for a day of diabetes education, activities, vendors, BBQ lunch and full access to the Zoo.

Tuesday, August 4 | 9:30 am

Bronx Zoo

2300 Southern Boulevard, Bronx

Enter at Southern Boulevard entrance for CHAM check-in

To RSVP, call 718-920-5612 with name and age of child with diabetes, immediate family members attending (maximum of four) and contact information. Space is limited. Rain or shine.

World Breast Feeding Week

Join us as Montefiore kicks-off World Breast Feeding Week with a ceremony featuring Melissa Cebollero, Director of Health and Human Services for Bronx Borough President Ruben Diaz, Jr., in the CHAM lobby.

Thursday, August 6 | 9:30–11:00 am

CHAM lobby in front of Suzanne Pincus Learning Center