

Montefiore Update

July 6, 2015 KEEPING ASSOCIATES IN THE KNOW

Study Finds Teens in Child Welfare System Practice Similar Health-Risk Behaviors as General Teen Population

According to a study by the Children's Hospital at Montefiore (CHAM) and the Palo Alto Medical Foundation recently published in the *Journal of Adolescent Health*, teens who grow up within child welfare services (CWS) demonstrate about the same degree of risky behavior as those within the general population. Two out of three adolescents raised within the CWS were reported to engage in at least one risky behavior, such as substance abuse or unprotected sexual contact, a number consistent with their peers raised in traditional homes. One startling difference between the two groups was that the teens involved with CWS had a fifty percent higher rate of suicide.

The study contradicts widely-accepted notions that children who were victims of abuse are more susceptible to poor decision making. "While it is surprising that teens involved with CWS and the broader teen population reported the same level of health-risk behaviors, it's believed that children growing up in a stable environment with good parental relationships are at less risk for long-term negative outcomes, making it all the more important that efforts to address such behaviors be an ongoing part of CWS monitoring," says Ruth E.K. Stein, MD, the study's co-author and Attending Physician, CHAM, and Professor, Pediatrics, Einstein. According to the researchers, the data suggests two courses of action moving forward: shifting the focus of studies on teen drug abuse from nurture to nature, and increasing psychological screening efforts for children raised within CWS.

Montefiore Healing Arts Program Hosts Free Concert

The Montefiore Einstein Center for Transplantation, Department of Cardiovascular and Thoracic Surgery and Montefiore Healing Arts Program hosted the Amphion String Quartet from the Chamber Music Society at Lincoln Center on Monday, June 22 in the Grand Hall of the Moses Campus. The concert was a special event for transplant patients, families and Montefiore associates.

Attendees enjoyed works by Haydn and Beethoven. "Several patients shared how much they love music, yet are not able to attend concerts often due to their health status," says Ronit Fallek, Director, Montefiore Healing Arts Program. "Offering the concert at their familiar place of care made it possible for patients to have this special experience and was a wonderful treat for all."



Transplant patients, families and Montefiore associates enjoy works by Haydn and Beethoven.

Montefiore Medical Group Family Health Center Expands



From left to right: Deirdre A. Rosado, Director of Operations, Montefiore Medical Group (MMG); Andrew D. Racine, MD, PhD, Senior Vice President, Chief Medical Officer, and Executive Director, MMG; Steven M. Safyer, MD, President and CEO, Montefiore; Bruce H. Soloway, MD, Department of Family Medicine, Montefiore; Sheila Yates, RN, MSN, Administrative Director, Family Health Center, MMG, and Maria Gbur, MD, Medical Director, Family Health Center, MMG.

Montefiore Medical Group's Family Health Center has expanded and moved to a new state-of-the-art facility at Fordham Plaza, offering comprehensive medical care and new specialty services for the entire family. Montefiore's board-certified, multi-lingual physicians and nurse practitioners provide preventive care

such as flu shots, as well as a wide range of services for managing chronic conditions such as diabetes, asthma and heart disease. The Family Health Center offers same-day appointments and walk-in services, health screenings, regular checkups, prenatal care and wellness programs. The CICERO Program, which includes a wide range of HIV/AIDS services, including education, counseling, treatment and support, is also offered at this site.

Faculty Practices Prepare for Epic@Montefiore Go-Live

More than 80 non-surgical faculty practice sites are preparing for the second go-live of Epic@Montefiore, the new integrated electronic health record system. Department leadership at various specialty practice locations are preparing to utilize Epic by reviewing training, go-live readiness and Super User roles, in anticipation of joining associates at Montefiore Medical Group, Sound Shore Cardiology Associates, Occupational Health Services and CMO, Montefiore Care Management, who are currently using Epic@Montefiore. Schedulers at sites using Epic@Montefiore have direct access to provider schedules to arrange patient appointments more easily, while providers have centralized access to patient information in real-time, across different locations, enabling providers to better assess a patient's plan of care.

When patients visit any of Montefiore's more than 80 non-surgical faculty practices specializing in cardiology, oncology, neurology, OB-GYN, transplant, rehabilitation and family medicine, they will also experience a more seamless, patient-centered healthcare experience. Epic@Montefiore allows for more efficient scheduling of provider referral appointments and will streamline associates' workflows by providing instant access to comprehensive patient information. The rollout of Epic@Montefiore supports Montefiore's aim of delivering seamless, integrated, high-quality care to its diverse patient population.

For more information, visit "Epic@Montefiore" on the intranet.

EPIC@Montefiore

Einstein-Mount Sinai Diabetes Research Center Receives NIH Grant

Albert Einstein College of Medicine and the Icahn School of Medicine at Mount Sinai have received a \$10.5 million, five-year grant from the National Institutes of Health (NIH) to continue their Diabetes Research Center (DRC), which will now be called the Einstein-Mount Sinai DRC. The regional collaborative combines Einstein's basic and clinical research strengths with Mount Sinai's beta cell and community outreach expertise. Researchers and clinicians at Montefiore Health System, Cornell University, Weill Cornell Medical College, Hunter College, Winthrop-University Hospital, Stony Brook University and NYU Langone Medical Center are also participating. The grant is part of an ongoing NIH effort to foster multi-institutional, regional research centers.

Jeffrey Pessin, MD, PhD, The Judy R. and Alfred A. Rosenberg Professional Chair in Diabetes Research, Einstein, will direct the new multi-institutional center. Dr. Pessin has led Einstein's DRC for the past seven years, playing an integral role in creating the new regional center. "Our outstanding diabetes-specific core facilities, coupled with a robust and highly interactive research base and strong interactions with Mount Sinai, positioned us to create the center," says Dr. Pessin. "We aim to expand ongoing diabetes and metabolic disease research projects, initiate new research studies, and promote advances in research technologies."

Transition to ICD 10 CM/PCS

Beginning October 1, 2015, the Centers for Medicare & Medicaid Services will require the use of ICD-10, a new medical coding language. This requires a major effort from both a technical and billing perspective. Montefiore has been preparing for this transition, and will initiate a systematic implementation for the technical systems beginning in July. Although much work has been done on the back end for remediation, it is time to begin the front-end adoption transition. What does this mean for associates?

- The transition will begin with the ambulatory documentation and billing systems.
- As of July, both Epic and the CEMR will present diagnoses to clinicians using the specificity of the ICD-10 language.
- Associates/clinicians involved in the revenue cycle process and/or documentation of medical records must begin their training in ICD-10 in order to be familiar with the language and the coding standards.
- Ancillary systems have also been adjusted and will transition throughout July.

ICD-10 will improve the specificity of diagnosis reporting and will change the way we practice, document and bill. Please ask your department leadership about the training plan for your department. You can also visit the Montefiore Intranet at Resources > The Transition to ICD-10 for additional information.

EVENTS

Stomp Out Sarcoma Walk

Join Team Montefiore and support sarcoma research.

Saturday, July 11 | Registration begins at 10:00 am, walk begins 10:30 am
Van Cortlandt Park
240th Street Entrance at Broadway
Near the Fox Statue

In the event of rain, the walk will be held at the Children's Hospital at Montefiore.

To RSVP for the walk or make a donation, contact May Thompson at 718-741-2342.

Montefiore Mount Vernon and Habitat for Humanity Team Up for Neighborhood Healing

Montefiore Mount Vernon volunteers teamed up with Habitat for Humanity of Westchester to help remove graffiti from two local Mount Vernon businesses. The team painted an American flag over a vandalized wall, as well as assisted in repairing and refurbishing two homes—painting one abandoned home and helping another elderly resident and her extended family beautify their home. Montefiore's volunteers also planted and re-soiled a community garden.

"We transform neighborhoods, and Montefiore employees were awesome transformers," said Jim Killoran, CEO of Habitat of Westchester. "We hope this is just the beginning. They did not stop—they worked on improving the health of a neighborhood with Habitat of Westchester."

NOMINATE NOW: 2015 President's Award, Deadline July 10

The nomination period for the 2015 Montefiore President's Award is open now through July 10. Be sure to visit the President's Award link on the Intranet and nominate your stellar colleagues for the recognition they deserve. Nominees represent a broad cross-section of associates, including direct caregivers, support staff and administrators. As innovators, these nominees actively assess their department's procedures and processes, offering suggestions on how to improve practices and maximize value.



Montefiore Mount Vernon and Habitat for Humanity of Westchester team members take a break from their clean up efforts.

Adolescent AIDS Program Marches in NYC Pride Parade 2015



On Sunday, June 28, Montefiore's Adolescent AIDS Program (AAP) participated in the 2015 NYC Pride Parade, marching to celebrate LGBTQ equality just two days after the Supreme Court affirmed same-sex marriage rights for all Americans. "We have much to celebrate today,

but we have to continue the fight for equality, including protecting people from employment termination on the grounds of their sexual orientation. I'm proud that at Montefiore we don't have that concern, however many others in the LGBTQ community aren't as fortunate," says Justin Toro, LMSW, Clinical Social Worker, Adolescent AIDS Program, Montefiore. The AAP provides medical and mental health services to HIV positive, high-risk and LGBTQ HIV negative youth aged 13–24.

Clinical Trial Spotlight

Are you:

- 15–18 or 30–45 years old?
- Sexually active and NOT using hormonal birth control?
- NOT pregnant?

Call 718-430-3061 or email microbicide@einstein.yu.edu to learn more about a clinical research study at Albert Einstein College of Medicine and Montefiore. Reimbursement will be provided.

Visit www.montefiore.org/clinicaltrials to see other clinical trials being conducted at Montefiore.