

Montefiore Update

March 16, 2015 KEEPING ASSOCIATES IN THE KNOW

Pediatric Fatty Liver Disease Clinic Opens at Children's Hospital at Montefiore

The Children's Hospital at Montefiore opened a clinic on February 10 to treat children with nonalcoholic fatty liver disease (NAFLD), a build-up of fat in the liver.

This condition is increasingly affecting as many as one in 10 children in the United States, is closely associated with obesity and can lead to chronic liver disease and cirrhosis. In some instances, NAFLD can ultimately require a liver transplant. While childhood obesity is a recognized public health concern, NAFLD is less well-known and is frequently undertreated.

Children who struggle with weight are at an increased risk for developing the condition. CHAM's new clinic will offer diagnosis and treatment of NAFLD with a collaborative care team, including a pediatric gastroenterologist and nutritionist.

"Fatty liver disease has traditionally been thought of as an adult problem, but we have seen children as young as four-years-old with fat in their liver," says Bryan Rudolph, MD, Attending Physician, Pediatric Gastroenterology and Nutrition, CHAM, and Assistant Professor, Pediatrics, Einstein, who runs the clinic. "Parents need to know that children are also susceptible to obesity-related complications, such as fatty liver disease."

Early stages of NAFLD can be reversed through lifestyle modifications, including improved diet and exercise. If left undetected, however, it can lead to inflammation, liver damage and scarring. It is estimated that NAFLD will soon be the number one cause of liver transplantation in adults.

In addition to diagnosis, treatment (including nutritional counseling) and monitoring, clinicians at the NAFLD clinic will conduct research to identify best practices for non-invasive diagnosis of the disease. The goal of this research is to inform specialists nationally how to best identify at-risk children and confirm diagnosis without completing a liver biopsy, an invasive procedure that is the current standard of care.

"NAFLD is the most common liver disorder in the United States," says Dr. Rudolph. "The sooner we can identify children at risk and create an effective treatment plan, the less likely they are to develop life-threatening and costly complications."

To schedule an appointment at the Fatty Liver Clinic, call 718-741-2450.

Renovated Cardiac Care Unit Opens with Fanfare



Steven M. Safyer, MD, President and CEO, Montefiore, with Peter Semczuk (middle), DDS, MPH, Vice President, Clinical Affairs, and Executive Director, Moses Campus; and (right) Mario J. Garcia, Chief, Cardiology, and Co-Director, Montefiore Einstein Center for Heart and Vascular Care, and Professor, Medicine and Radiology, Montefiore and Einstein, at the February 25 ribbon cutting for the renovated Cardiac Care Unit on the Moses Campus.

From heart transplants to LVAD implementation, this unit provides 24-hour comprehensive care for patients with the most complex cardiovascular conditions. The renovation of the unit increased the number of patient beds from eight to 12.

Focus on Epic@Montefiore Integrated Testing in Preparation for Initial Go-Live

Montefiore Subject Matter Experts (SMEs) and members of the Epic project team are refocusing on testing and the verification process to ensure that operational and patient care workflows within the Epic@Montefiore system are coordinated to ultimately enhance Montefiore's patient experience. This process is an essential step in preparing the health system for the Epic@Montefiore go-live at Montefiore Medical Group, Occupational Health Services and CMO, Montefiore Care Management sites in May.

At the heart of this phase is integrated testing, which involves multiple clinical and operational applications, such as patient registration and scheduling, lab and medication orders, as well as charge capturing, and includes all aspects of the Epic system that revolve around patient-centered workflows. The Epic project team is incorporating feedback from SMEs into the testing process, while validating integrated test functions to refine the system prior to the initial Epic@Montefiore go-live.

To read more about the Epic@Montefiore testing process, visit [Intranet/Epic](#).

EPIC@Montefiore

15th Annual New Rochelle House Tour Benefits Emergency Pediatric Services at Montefiore New Rochelle

The 15th Annual New Rochelle House Tour, which will benefit emergency children's services at Montefiore New Rochelle, is scheduled for Sunday, May 31. This popular tour showcases five beautiful homes rich with architectural details and design dating from the 1900s to contemporary, reflecting the rich and diverse community of New Rochelle, the Queen City of the Sound. All proceeds from ticket sales and sponsorships directly benefit emergency pediatric services at Montefiore New Rochelle.

"We are honored that the house tour organizers have selected Montefiore New Rochelle this year to be the recipient of the event proceeds," says Tony Alfano, Vice President and Executive Director, Montefiore New Rochelle. "We look forward to making enhancements to our emergency pediatric services for residents of the community and their children as a result of this generous donation."

For more information or to purchase tickets, visit www.montefiore.org/housetour.

Clinical Trial Spotlight

Research Study for Adults with Depression

Are you depressed and not responding to treatment? You are not alone. You may qualify for a clinical research study to investigate the safety and efficacy of an investigational drug while receiving an FDA approved antidepressant.

To be eligible to participate, you must be:

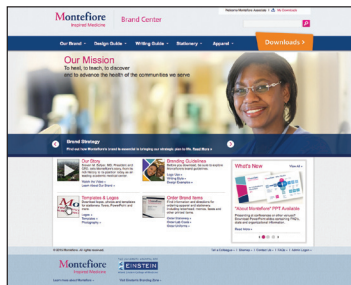
- 18–65 Years Old
- Currently taking an antidepressant

For more information, contact Margaret Henderson at 718-920-2933 or mahender@montefiore.org.

Marketing Matters

Check out the Brand Center on the intranet

Need to produce a flyer or Power Point presentation that adheres to Montefiore's brand standards? Visit the Brand Center on the intranet. Here you'll find a full range of marketing resources, including templates, photos and logos, as well as information on how to properly communicate the Montefiore brand identity, both visually and in writing.



Montefiore Celebrates Colon Cancer Awareness Month

Colorectal cancer is one of the five most common cancers in men and women in the United States. Learn how to prevent, detect and treat colon cancer this month with a full roster of events.

Rollin' Colon

Tuesday, March 31 | 11:00 am to 2:00 pm
East Garden, Moses Campus
111 E. 210th Street
Bronx, New York 10467

Visit the intranet for a full listing of events.



Montefiore Celebrates Health Information Professionals Week

Health information management is an allied health profession responsible for ensuring the availability, accuracy and protection of the clinical information necessary for healthcare-related decisions. Montefiore is proud to participate in Health Information Professionals (HIP) Week March 22–28, and to celebrate the numerous contributions of these professionals.

This year's theme, "Reliable Information, Responsible Care," is timely, as the health system begins the Epic@Montefiore implementation process, which will ensure the secure and seamless management of patient health information.

For more information, visit the intranet.

Interested in Learning More About Bioethics?

Learn more about Einstein-Cardozo bioethics programs. Offerings include graduate coursework, a certificate program and individual courses and seminars. Applications for the master's and certificate program are now being accepted. Application deadline is April 15 for the fall 2015 semester. For more information, visit www.einstein.yu.edu/bioethics or email bioethics@montefiore.org.

4th Annual Hot Topics in Pediatrics Conference

Sponsored by Albert Einstein College of Medicine and Montefiore

Presented by the Department of Pediatrics, in collaboration with the Department of Dentistry

This program is designed to educate practicing pediatricians and allied pediatric healthcare providers about current issues and controversies in pediatric subspecialties.

Tuesday, March 31 | 8:00 am to 4:15 pm
Westchester Marriott Hotel

670 White Plains Road, Tarrytown, New York 10591

To register, visit www.cham.org/hot-topics-in-pediatrics.

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