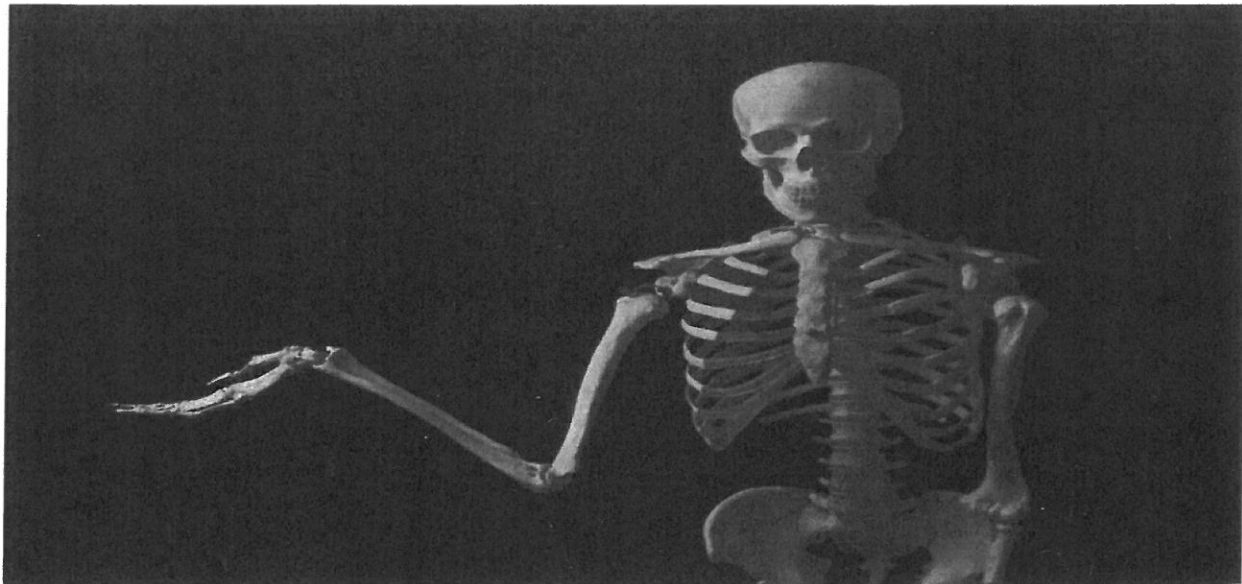


Dates  
OF  
Joint Solution Program's  
Hip & Knee Replacement Pre-op Classes  
2019

## “Bone Up “



### On Your upcoming Surgery!

**Dates: On site (classes are approximately 1.5 hours long)**

<b>Monday</b>	<b>1/7</b>	<b>2/11</b>	<b>3/4</b>	<b>4/8</b>	<b>5/6</b>	<b>6/3</b>	<b>7/15</b>	<b>8/5</b>	<b>9/16</b>	<b>10/7</b>	<b>11/11</b>	<b>12/2</b>
<b>Wednesday</b>	<b>1/16</b>	<b>2/6</b>	<b>3/13</b>	<b>4/10</b>	<b>5/8</b>	<b>6/5</b>	<b>7/10</b>	<b>8/7</b>	<b>9/18</b>	<b>10/9</b>	<b>11/13</b>	<b>12/4</b>

- **Location: 3 North Physical Therapy Room**
- **Monday Classes start at 3:30**
- **Wednesday classes start at 5:00**

Link to the ON –Line Pre-op class: [www.montefiore.org/mnr-ortho](http://www.montefiore.org/mnr-ortho)

- **On Line Class is a power point presentation , not a live webinar**
- **The on line pre-op class can be viewed at a time that is convenient for you**

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